

# “Moving from Rejection to Resurrection”

Series: *Fearless*

## Sermon Outline Notes

### 1. REJECTION WEIGHS YOU DOWN

Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me."

Matthew 26:38

- Aloneness vs. Loneliness

Going a little farther, he fell with his face to the ground and prayed,

Matthew 26:39a

- Sources of Rejection

“I tell you the truth,” he continued, “no prophet is accepted in his hometown.”

Luke 4:24

### 2. REJECTION LEADS TO BONDAGE

Then he returned to his disciples and found them sleeping. “Could you men not keep watch with me for one hour?” he asked Peter.

Matthew 26:40

- Don’t carry the baggage of human rejection

And if any place will not welcome you or listen to you, shake the dust off your feet when you leave, as a testimony against them.

Mark 6:11

### 3. REJECTION LIFTS YOU UP

My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.

Matthew 26:39b

- Living for Jesus will bring rejection, but God alone bears this weight

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

Matthew 11:29-30

### 4. REJECTION LEADS TO FREEDOM

Then you will know the truth, and the truth will set you free.

John 8:32

- Surrender and forgiveness (Luke 23:34)
- Accept second chances
- Community
- Teach others
- Salvation (Luke 19:9)